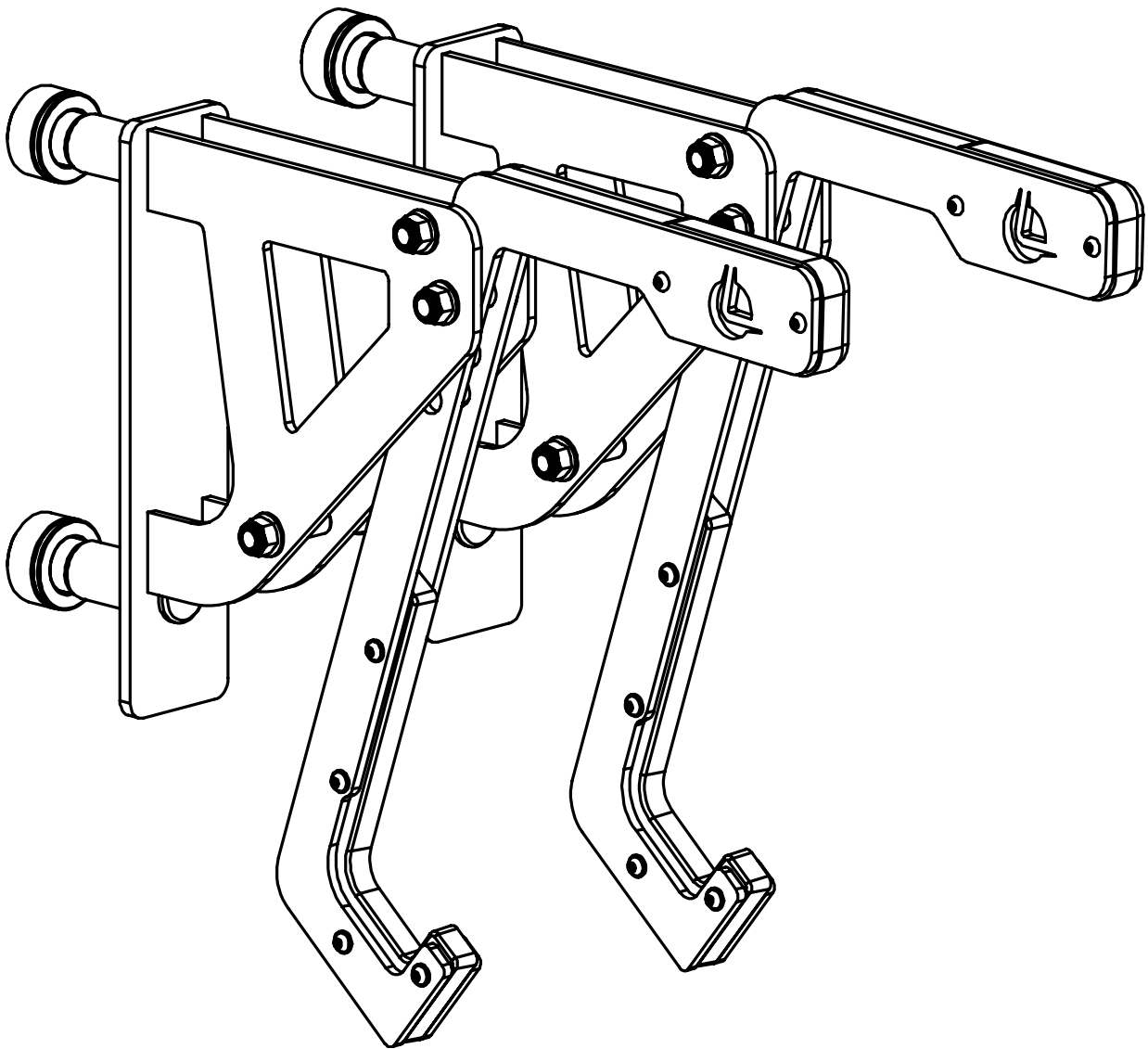


PR-P-JM (FR57-MNL)

J Hook for Monolift



PART LIST

No.	Description	Qty
1	Barbell Holder	2
2	Left Barbell Plate	2
3	Right Barbell Plate	2
4	Weight Plate	2
5	Fixing Sleeve	8
6	Round Nut	4
7	Safety Splint	2
8	Flat Washer $\varnothing 50*\varnothing 31*5$	4
9	Plastic Sleeve	4
10	Flat Washer $\varnothing 6.6*\varnothing 12*1.6$	16
11	Flat Washer $\varnothing 13.5*\varnothing 24*12.5$	10
12	Flat Washer $\varnothing 17*\varnothing 30*3$	4
13	Nut M12	6
14	Hexagon bolt M6*12	24
15	Hexagon bolt M12*65	4
16	Hexagon bolt $\varnothing 16*45*M12$	2

EXPLODED DRAWING

