

LACERTOSUS[®]
TRAINING EQUIPMENT



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Quality first! This is our motto; since the birth of our company in 2007 we dedicated our energy in creating the best quality products for Strength & Condition and Functional Fitness, today Lacertosus[®] is a well established brand that offers the perfect mix between Innovation, Functionality and Design for your training tools! Our HQ is located in Italy, Parma.

#Lacertosus: muscular, powerful.

/la.ker'tox.sus/, [la.ker'tox.sos]

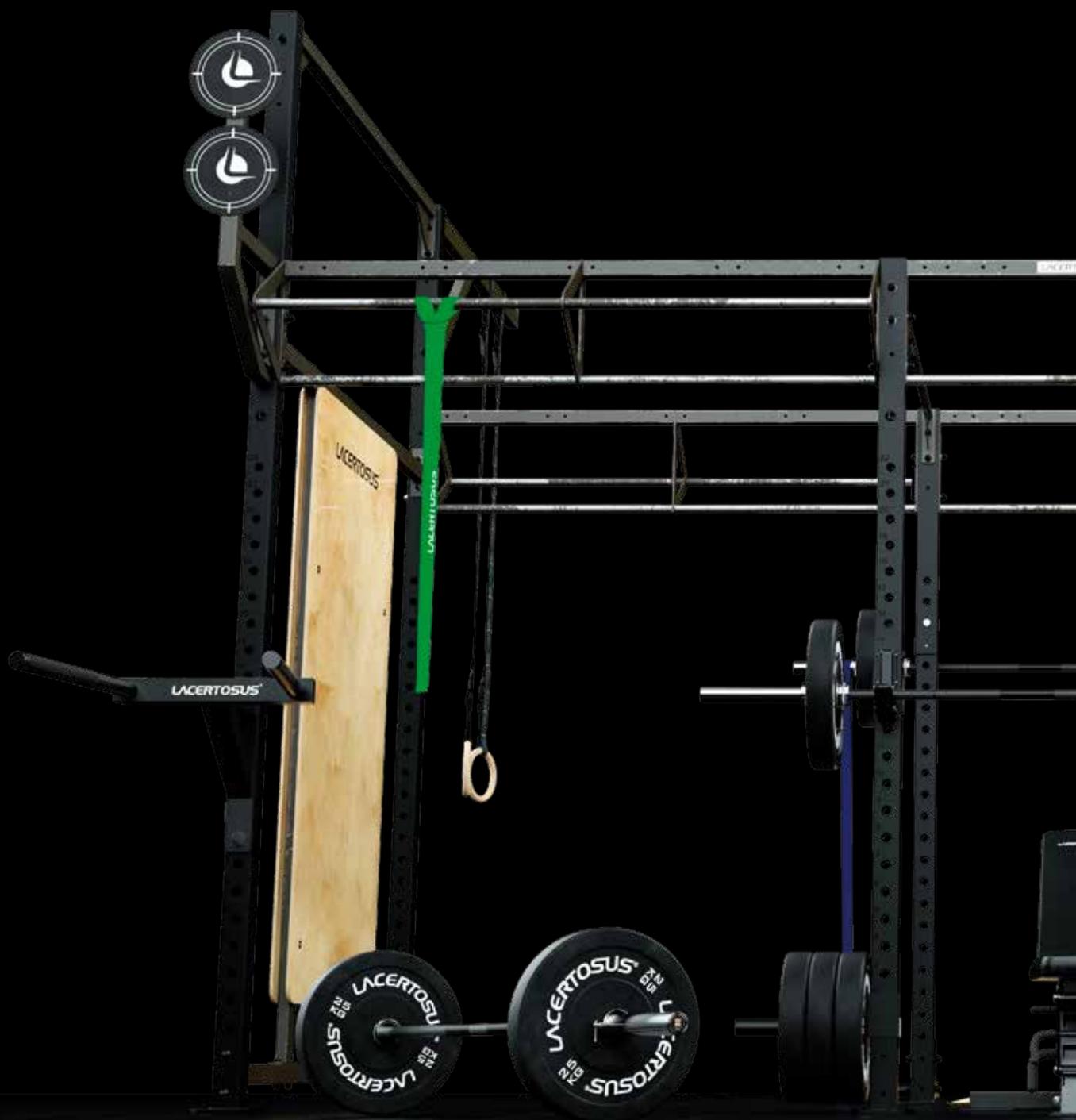


Take a look on
lacertosus.com



The main structure for your Crossfit Box, Garage Gym or Functional training facility. The Lacertosus® RIG is a modular system that is able to completely satisfy your training needs! Our innovative solutions are based on years of development and study of a dynamic market that is always moving toward functionality. In order to achieve the perfect results we combined the design, materials and craftsmanship in one unique package! Completely made in Italy by the best in the business.

The Lacertosus® RIGS are certified under TUV Sud, ISO 9001 (2015), EN 957, all the tests were made under the highest stress achievable with the modern equipment.



COLORS



Black



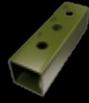
Burnt Orange



Solid Red



Matt Grey



Military Green



Matt White

SPECIAL COLORS



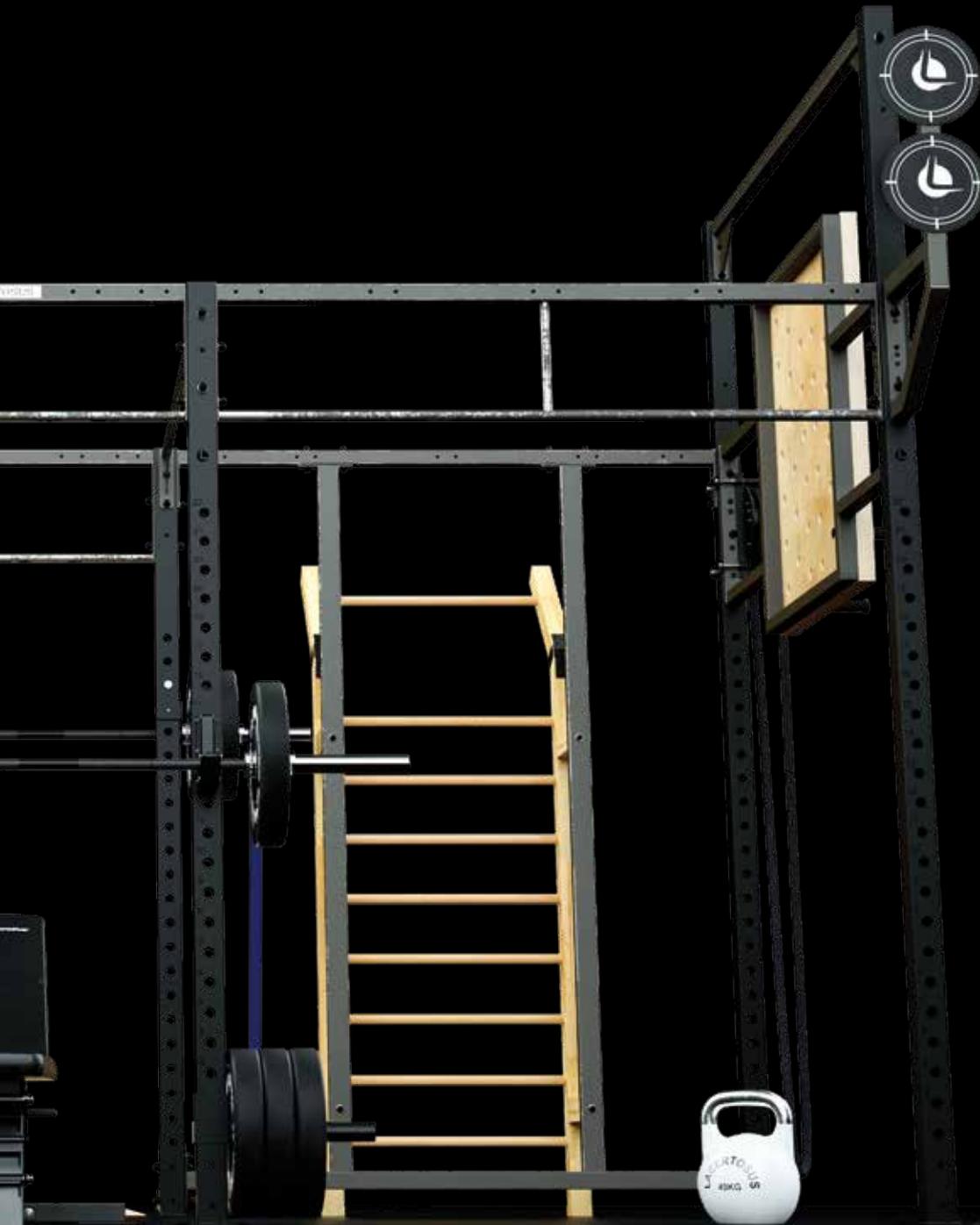
Hard chrome



Raw Line



Camouflage



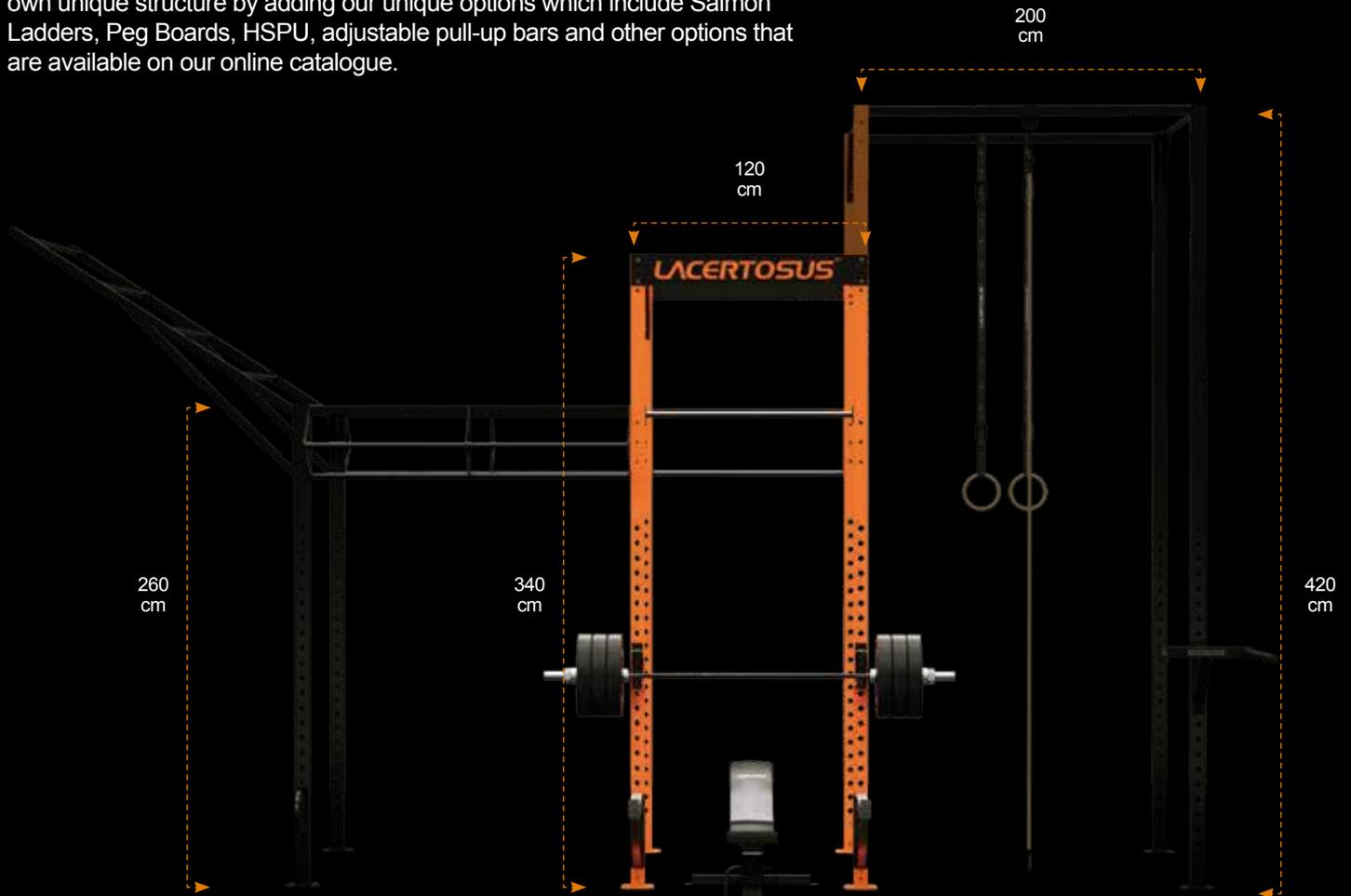
MADE IN ITALY





CUSTOMIZE YOUR RIG

The backbone for every Crossfit training facility and definitely a great solution for traditional gyms as well. Our RIGS are fully customizable: it starts with 120 and 200cm modules and 3 different heights, from there on you can make your own unique structure by adding our unique options which include Salmon Ladders, Peg Boards, HSPU, adjustable pull-up bars and other options that are available on our online catalogue.



ACCESSORIES

For the full catalogue visit lacertosus.com



J cups deluxe



Inclined ladder



DIP station



Peg board



Lateral arm



Salmon ladder



BARS

MEN'S ELITE BAR 220cm

Weight 20kg
Shaft diameter 28mm
Knurling Medium
WL / CF COMPETITION

WOMEN'S ELITE BAR 200cm

Weight 15kg
Shaft diameter 25mm
Knurling Medium
WL / CF COMPETITION

TECHNIQUE ELITE BAR 168cm

Weight 10kg
Shaft diameter 28mm
Knurling Medium
TECHNIQUE

MEN'S ELITE PL BAR 220cm

Weight 20kg
Shaft diameter 29mm
Knurling Hard
POWERLIFTING

MEN'S PRO BAR 220cm

Weight 20kg
Shaft diameter 28mm
Knurling Medium
WL / CF TRAINING

WOMEN'S PRO BAR 200cm

Weight 15kg
Shaft diameter 25mm
Knurling Light / Medium
WL / CF TRAINING

EZ BAR 120cm

Weight 8,5kg
Shaft diameter 28mm
SPECIALIZED

AXLE BAR 210cm

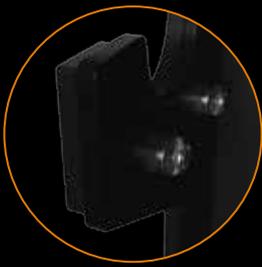
Weight 20kg
Shaft diameter 50mm
SPECIALIZED

BARS ACCESSORIES

ELITE/12 WALL BARBELL RACK

Available in 6-8-12 storage spaces

MADE IN ITALY



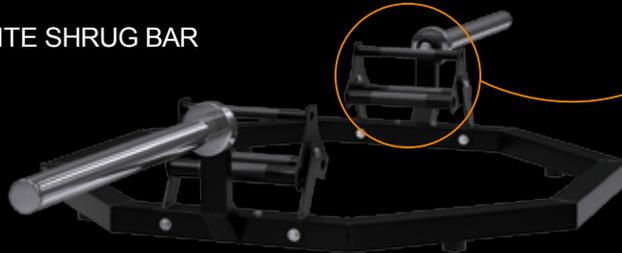
Plastic protection



ELITE COLLARS



ELITE SHRUG BAR



3 grip handle

Elite/9 BAR RACK/9



PVC HQ profiles



Heavy-Duty Tubes
Optional Floor mounting

MADE IN ITALY

WALL RACK GARAGE



- Wall Ball
- Bars
- Speed Ropes
- Rubber bands
- Smartphone

MADE IN ITALY



DOUBLE-GRIP PLATES PRO

Defining a new quality for the fitness plates, instead of doing a simple evolution from our Double-Grip plate we decided to go full speed and did a Revolution instead! Only the highest quality rubber was used for this plate (Odor free, toxic free, no more oil on the plates!). We choose the 4 grip plate for the perfect grip then we added the best combo of virgin rubber available and transformed a normal fitness plate into a work of art! Even if you don't use it, trust us, it's good to have in your Home Gym or Fitness center environment!

As someone once said: If you analyse the function of an object, its form often becomes obvious.

NEW





BUMPER PLATES

The main quality a bumper should have is durability, 8 hours per day of continuous dropping means that an entry level bumper should sustain at least 10.000 drops, we test our bumper for 20.000 drops and this is the entry level for us! Hands down the best bumper as far as price/ quality goes!

BUMPER PLATES TRAINING

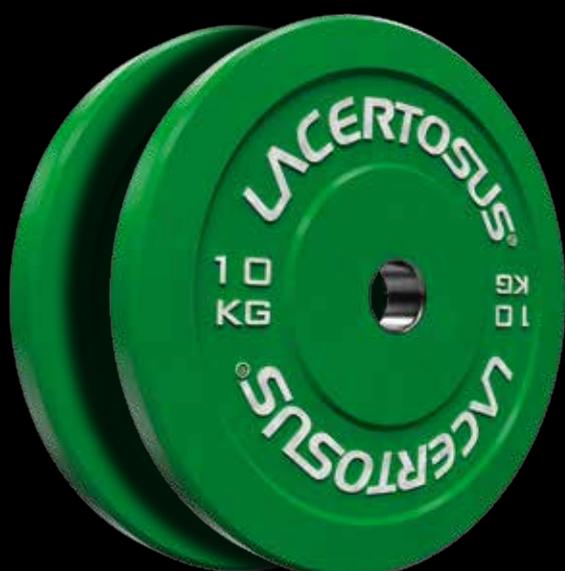


The must-have plate for your Crossfit Box or Garage gym, you cannot afford not to! We design this plate to be the absolute winner in quality and value, we are most certain that we achieved our goal.



Small training plates
0.5 - 2.5kg

BUMPER PLATES COLOR



Add some color to your gym! Same as the Training Bumper but with a special mix of rubber and color in order to improve functionality, finally you can check your weight stack at the blink of an eye!



BUMPER PLATES GARAGE

NEW



We definitely listen to our partners! When you guys asked for a bumper that makes less noise with less vibrations and a softer rubber, we listened. Great for garage gyms, perfect for Crossfit Boxes set-up inside condo buildings: Trust us, your neighbors are gonna thank you for this!



LACERTOSUS

SPECIALIZED



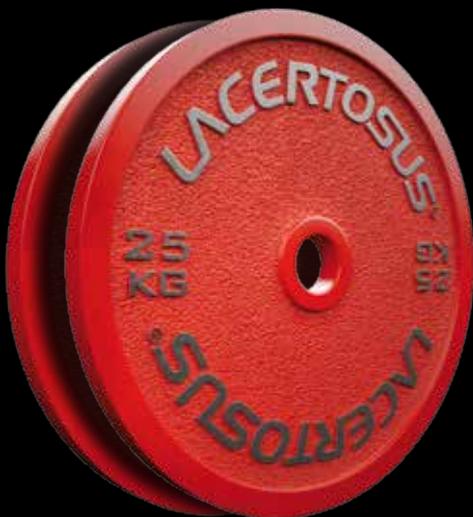


BUMPER PLATES COMPETITION

You love both WL and PL? Good! so do we, for this reason we came up with the competition package for you. From 0.5 to 25Kg we made sure we got you covered: Perfect calibration, high quality rubber (no odor) and durability makes this model a winner! Be sure to check the micro-weights as well for the perfect match!



Micro weights
0.5 - 2.5Kg



BUMPER PLATES POWERLIFTING

NEW

You asked for this so inevitably we couldn't ignore it; Special PL plates made for the serious lifter. You cannot go above 280-320Kg with the other plates, this is the only model that can go above 320Kg on the bar and we have it! Each plate comes in a different color for easy identification.

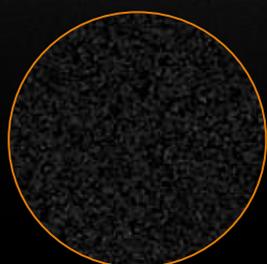


Only available for wooden platforms

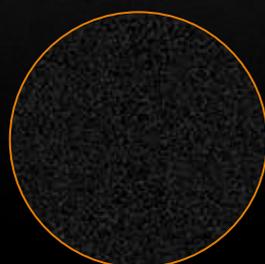
5cm

3cm

2cm



Regular

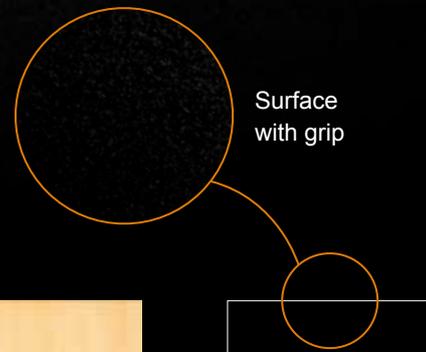


Pro

RUBBER FLOOR

MADE IN ITALY

Don't even think of using the bars and plates without a protection of at least 1cm of rubber under the bar, not only the duration of your equipment will be shorten significantly but you will also avoid those raw noises when you drop your weights! Our flooring is available in 2-3 and 5cm thickness. With the possibility to customize your logo and have the wood platform integrated directly into the floor: a great combo for functionality and we might add a great design as well! In order to have a full control over the production these as well are fully made in Italy under our supervision.



Surface with grip

WL/PL PLATFORM

MADE IN ITALY

What good are those nicely looking Competition plates if you don't place them under a platform like ours? The best combo that you can have is here, our platforms are designed and made under the perfect craftsmanship in our facility in Milan, we choose to have smooth edges to make an easy entry and avoid injuries, a great design and a perfect functionality. In order to satisfy your garage needs we also came up with the entry level 2,5 x 0,5m platform; the ideal partner for your Power-lifting days!



Pure



Black

PLYOMETRIC BOX

MADE IN ITALY

Since you are searching for the best there is, we do not want to disappoint you! We made no compromise when we made our plyometric boxes; top quality wood for top consistency, precision interlocking, 3 layers of paint to improve durability even after years of use and a special grip surface: when the going gets tough you will need it at the end of that W.O.D.! Top craftsmanship entirely made in Italy with quality in mind!

PLYOMETRIC BOX
Natural



PLYOMETRIC BOX
Grey



PLYOMETRIC BOX
Orange



PLYOMETRIC BOX
Black

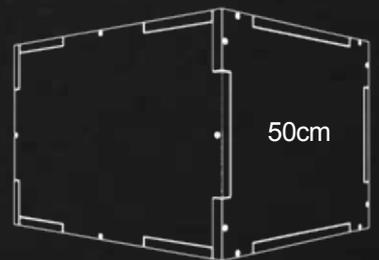
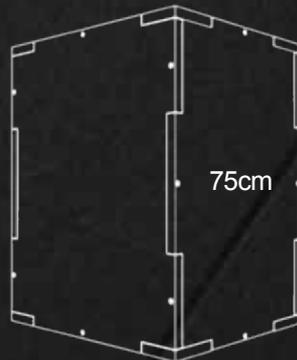
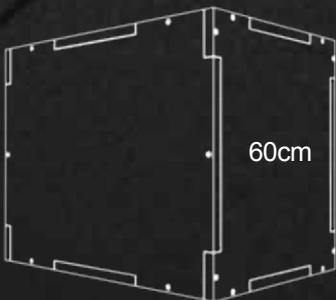




Surface
with grip



Uses & Sizes





MULTIRACK

MADE IN ITALY

Same principle as our RIGS, the MULTIRACK was built and developed with customization and expansion options in mind. The racks you can choose are available in 3 different heights and 2 different length for each of the 4 different storage shelves but the creations you can make are impressive; The only limit here is your imagination. Improve the look and safety of your Training Area and be sure to check out the MULTIRACK configurator on our website! Entirely developed and build in Italy.

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MADE IN ITALY



**CUSTOMIZE YOUR MULTIRACK WITH LACERTOSUS®
CONFIGURATOR ON [LACERTOSUS.COM](https://www.lacertosus.com)**



GHD

A great complementary tool to have in your BOX. We made some improvements over the years and now our GHD's have rubber band attachments, Plate arms to improve stability, adjustable knee support for better comfort, adjustable pads in order to keep it steady even on a floor that is not aligned and we added wheels for easy mobility when not in use; what more can you ask? Make sure to check our flat and adjustable benches in order to complete your RIGS and squat Racks!

LACERTOSUS

SPECIALIZED

POWERLIFTING BENCH MADE IN ITALY

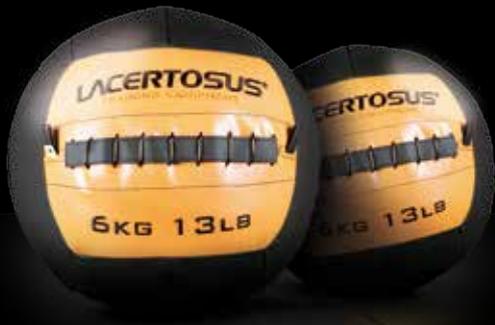
You saw the weights, you saw the platform, inevitably you were searching for that PL bench don't you? We got you covered here. A complete package with squat rack and detachable bench. The bar arms move laterally in order to have that perfect grip on the bar, you don't need to take the weights off the bar in order to adjust the height, rulers for lateral bar movement even with 400Kg on top and a platform for you spotter during heavy lifts, it's ideal for you Training facility or why not that perfect Home Gym that you always wanted?





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WALL BALL

First grade materials, extreme durability and a shape that is built to last after years of continuous training. Same size for all weights, same diameter, different colors for each weight. Available from 2 to 15Kg. Our Wall Balls are made for high-intensity training and general thickness as well.



SLAM BALL

NEW

The New ELITE Slam Balls are a big step forward; The thickness of the rubber is almost double than the industry standard, it has best possible grip and off course they do have a great design! Available from 2 to 30Kg.

Strongman balls available from 30 to 85Kg (online catalogue).



DOUBLE GRIP BALL

NEW

The New DG Balls have handles that are a joy to use, they offer the best comfort possible during training; this means you can push harder for a longer period of time which off course translates in better results, what more can you ask?

Available from 3 to 10Kg.



MED BALL

NEW

These were out of our catalogue for almost 3 years but we made them better and re-introduced this product completely rejuvenated with a new design and a completely new rubber mixture. Available from 2 to 10Kg.

LACERTOSUS® APPAREL

Check out our apparel catalogue directly online on Lacertosus.com.
You'll find our gadgets line, wall posters and very cool waterbottle/shaker.



GARAGE GYM_S

From small spaces to large garages we have you covered.

TRAINING



ELITE

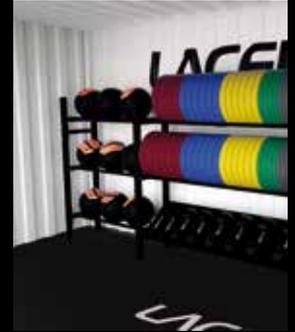


Get in touch for a personalized quote for your garage/homegym.

TRAINING BOX

Our Training box was developed as an outdoor training solution in order to fulfill the requirements of our clients and partners alike. Be it on a beach in California, an athletic camp in Barcelona or a Football camp in Florida, this is the solution for your team and we guarantee your customers are going to be satisfied! Different configurations for different needs, 2 available colors (Matt Black and Military Green), innovative solutions such as the solar power alimented Timer and the possibility to mount one of our RIGS make this Training Container the solution you were searching for!

*Choose your model online with our configurator!



OPTIONAL:

- Solar panel
- Energy power source





CALISTHENICS

They say Calisthenics is the art of using one's body weight and qualities of inertia as a means to develop one's physique and they are right. We would like to add that you need the complementary hardware in order to do it so we came out with different solutions for Calisthenics, our special RIGS can be used indoor and outdoor alike (special treatment is needed), different configurations means these are available in a wide variety. Entirely developed and made in Italy!



MADE IN ITALY







**“A WINNER NEVER QUILTS,
AND A QUITTER NEVER WINS”**

Napoleon Hill

CONTACTS

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