

LACERTOSUS[®]

NOTHING TO PROVE

2020

LACERTOSUS

LACERTOSUS®
FUNCTIONAL TRAINING CENTER

LACERTOSUS®
TRAINING EQUIPMENT

Quality first! This is our motto; since the birth of our company in 2007 we dedicated our energy in creating the best quality products for Strength & Condition and Functional Fitness.

Today Lacertosus® is a well established brand that offers the perfect mix between Innovation, Functionality and Design for your training tools! Our HQ is located in Italy, Parma.





LACERTOSUS® RIG

The main structure for your Crossfit Box, Garage Gym or Functional training facility. The Lacertosus® RIG is a modular system that is able to completely satisfy your training needs! Our innovative solutions are based on years of development and study of a dynamic market that is always moving toward functionality. In order to achieve the perfect results we combined the design, materials and craftsmanship in one unique package! Completely made in Italy by the best in the business.

The Lacertosus® RIGS are certified under TUV Sud, ISO 9001 (2015), EN 957, all the tests were made under the highest stress achievable with the modern equipment.



MADE IN ITALY



CUSTOMIZE YOUR **RIG**

The backbone for every Crossfit training facility and definitely a great solution for traditional gyms as well. Our RIGS are fully customizable: it starts with 120 and 200cm modules and 3 different heights, from there on you can make your own unique structure by adding our unique options which include Salmon Ladders, Peg Boards, HSPU, adjustable pull-up bars and other options that are available on our online catalogue.

ACCESSORIES

Make sure to check out our innovative accessories for your new RIG.



Superior Craftmanship

Our RIGs are definitely made with quality in mind; The structures are designed and entirely build in Italy with a high standard of craftsmanship and raw materials that is superior to the industry standard. We spent many month testing and refining our products to the point where we achieved some incredible results, by using the highest quality materials (J355 steel instead of the industrial standard of j235) combined with the knowledge and experience of our staff;

The result? a landmark in the fitness industry.



1000kg



Waterproof
structure optional



more than

200µm





RIG 2.0

The evolution of a revolution, this is what the new RIG 2.0 is all about. Stay tuned and check our website for more details.



R I G
2.0



MADE IN ITALY



LACERTOSUS® CONFIGURATOR

Everything begins from an idea. Make your structure unique, build it as you would like to have it in your gym! Change angles, zoom in, turn it around and change it every time you wish, save your project and load it anytime you want. This is our configurator: something nobody did before for Gyms, under our exclusive guidance, Unlimited Productions (UP8) has made possible a project started back in the summer of 2014; this will be available on our website soon!

Choose the space dimensions, the type of rig (free standing or wall), choose your poles, dimensions, section and color. Click after click you'll have in your hands your structure. Save the project, select the options, download your document with your tools and receive our quotation in few minutes. This is the new generation of plan, this is the future of cross training, come to be a part of, on our website www.lacertosus.com

LACERTOSUS® PRO POWER RACK

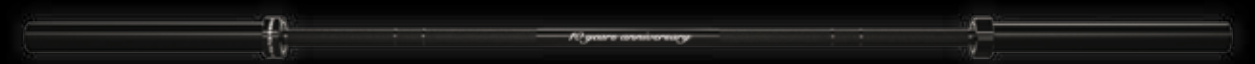
We wanted to create the definitive Power Rack, the perfect companion for the gyms, ideal for the modern HomeGyms! Start with a basic Power-Rack and end up with the Fully equipped version, the perfect tool for your training needs. Rough, Heavy-Duty and with a touch of style, a Complete Package.





QUALITY CONTROL

The last thing you need to think of when you make your new record with ours bars is if it is a safe product! For this we take our quality control very seriously and every Lacertosus® bar is tested for safety rigorously. Besides our standard certifications and TUV QC, we make various tests for our bars (bending, elasticity, max weight load).



10 years anniversary

LIMITED EDITION BAR

OB86-ELTD10 220cm

Weight **20kg**

Shaft diameter **28mm**

Knurling **Medium**

BARS

From Elite to Training,
the choice is yours.

I. MEN'S ELITE LIMITED EDITION BAR

OB86-ELTD10 220cm
Weight **20kg**
Shaft diameter **28mm**
Knurling **Medium**

II. MEN'S ELITE POWERLIFTING BAR

OB86-EPL 220cm
Weight **20kg**
Shaft diameter **29mm**
Knurling **Hard**

V. ELITE TECHNIQUE BAR

OB70-ETB 168cm
Weight **10kg**
Shaft diameter **25mm**
Knurling **Medium**

IV. WOMEN'S ELITE CROSSTRaining BAR

OB80-EWB 200cm
Weight **15kg**
Shaft diameter **25mm**
Knurling **Medium**

III. MEN'S ELITE CROSSTRaining BAR

OB86-EMB 220cm
Weight **20kg**
Shaft diameter **28mm**
Knurling **Medium**

VI. MEN'S PRO CROSSTRaining BAR

OB86PB-II 220cm
Weight **20kg**
Shaft diameter **28mm**
Knurling **Medium**

VIII. MEN'S TRAINING OLYMPIC BAR

OB86-E 220cm
Weight **20kg**
Shaft diameter **30mm**
Knurling **Soft**

VII. WOMEN'S PRO CROSSTRaining BAR

OB80W-II 200cm
Weight **15kg**
Shaft diameter **25mm**
Knurling **Medium**



LACERTOSUS® SHRUG BAR - ELITE

The perfect tool for your deadlifts. **Entirely made in Italy**, designed **for those who want to exceed!** Our Elite Shrug Bar represents quality and style mixed with a Heavy Duty construction.

Tested with 270kg load from the award-winning, international athlete of the Italian National Powerlifting Team.

- The raised loading pins allow to easily load the bar without lifting it
- Extra long sleeves for Heavy Lifting
- 3 handles for grip variation

MADE IN ITALY



NEW!

WALL RACK GARAGE

- 2 Balls
- 3 Bars
- 2 Speed Ropes
- 4 Rubber bands

You cannot have a homegym with all your accessories thrown out everywhere, for this reason we made something that not only looks good but is functional as well. Keep your bars, balls, speed ropes and rubber bands organized and ready for your next training!



BUMPER PLATES **TRAINING**

The must-have plate for your Crossfit Box or Garage gym, you cannot afford not to! We design this plate to be the absolute winner in quality and value, we are most certain that we achieved our goal.

Patend design
91.L1090.52.EM.1



DOUBLE-GRIP PLATES **PRO**

Defining a new quality for the fitness plates, instead of doing a simple evolution from our Double-Grip plate we decided to go full speed and did a Revolution instead! Only the highest quality rubber was used for this plate (Odor free, toxic free, no more oil on the plates!). We choose the 4 grip plate for the perfect grip then we added the best combo of virgin rubber available and transformed a normal fitness plate into a work of art! Even if you don't use it, trust us, it's good to have in your Home Gym or Fitness center environment!



BUMPER PLATES **TRAINING**



The must-have plate for your Crossfit Box or Garage gym, you cannot afford not to! We design this plate to be the absolute winner in quality and value, we are most certain that we achieved our goal.



Small training plates
0.5 - 2.5kg

BUMPER PLATES **COLOR**



Add some color to your gym! Same as the Training Bumper but with a special mix of rubber and color in order to improve functionality, finally you can check your weight stack at the blink of an eye!



BUMPER PLATES **GARAGE**



We definitely listen to our partners! When you guys asked for a bumper that makes less noise with less vibrations and a softer rubber, we listened. Great for garage gyms, perfect for Crossfit Boxes set-up inside condo buildings: Trust us, your neighbours are gonna thank you for this!



BUMPER PLATES **COMPETITION**

You love both WL and PL? Good! so do we, for this reason we came up with the competition package for you. From 0.5 to 25Kg we made sure we got you covered: Perfect calibration, high quality rubber (no odor) and durability makes this model a winner! Be sure to check the micro-weights as well for the perfect match!



Micro weights
0.5 - 2.5Kg



METAL PLATES **POWERLIFTING**

You asked for this so inevitably we couldn't ignore it; Special PL plates made for the serious lifter. You cannot go above 280-320Kg with the other plates, this is the only model that can go above 320Kg on the bar and we have it! Each plate comes in a different color for easy identification.



WL/PL PLATFORM

What good are those nicely looking Competition plates if you don't place them on top of a platform like ours? The best combo that you can have is here, our platforms are designed and made under the perfect craftsmanship in our facility in Milan, we choose to have smooth edges to make an easy entry and avoid injuries, a great design and a perfect functionality. In order to satisfy your garage needs we also came up with the entry level 2,5 x 0,5m platform; the ideal partner for your Power-lifting days!

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LACERTOSUS®
MADE IN ITALY



Surface
with grip

RUBBER FLOOR

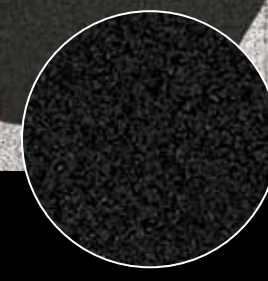
Don't even think of using the bars and plates without a protection of at least 1cm of rubber under the bar, not only the duration of your equipment will be shorten significantly but you will also avoid those raw noises when you drop your weights! Our flooring is available in **1.5, 2, 3** and **5cm** thickness. With the possibility to customize your logo and have the wood platform integrated directly into the floor: a great combo for functionality and we might add a great design as well! In order to have a full control over the production these as well are fully made in Italy under our supervision.

MADE IN ITALY

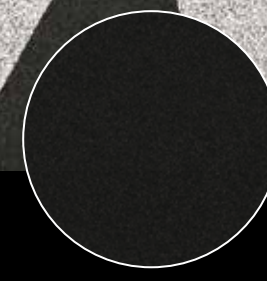
New format available!
10mq, the ROLL8.



Logo Lacertosus®
Optional



Pro



Elite

PLYOMETRIC **BOX**

Since you are searching for the best there is, we do not want to disappoint you! We made no compromise when we made our plyometric boxes; top quality wood for top consistency, precision interlocking, 3 layers of paint to improve durability even after years of use and a special grip surface: when the going gets tough you will need it at the end of that W.O.D.! Top craftsmanship entirely made in Italy with quality in mind!



LACERTOSUS®

MADE IN ITALY

75

PLYOMETRIC **SAFE BOX**

Keep your legs safe for another jump with our plyosafe boxes! Light yet sturdy enough so they don't move during the exercise. For more versatility you can have the adjustable model that goes from 8 to 100 cm in height!



POWERLIFTING BENCH

A complete package with squat rack and detachable bench. The bar arms move laterally in order to have that perfect grip on the bar, you don't need to take the weights off the bar in order to adjust the height, rulers for lateral bar movement even with 400Kg on top and a platform for you spotter during heavy lifts.



PARAOLYMPIC BENCH

We made a special bench in order to give the benefits of lifting to each and every one!





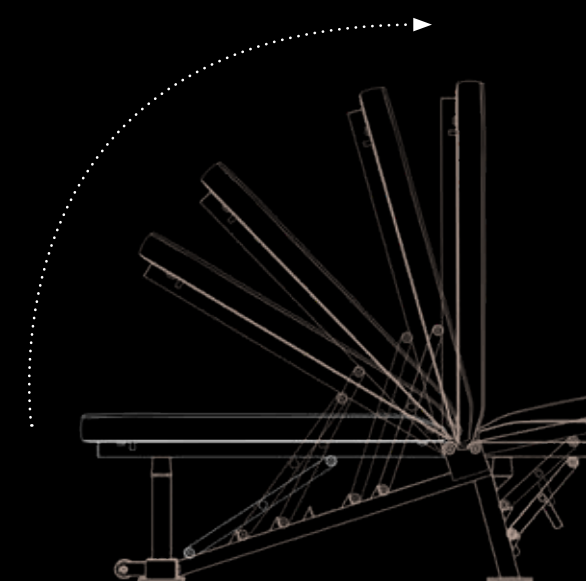
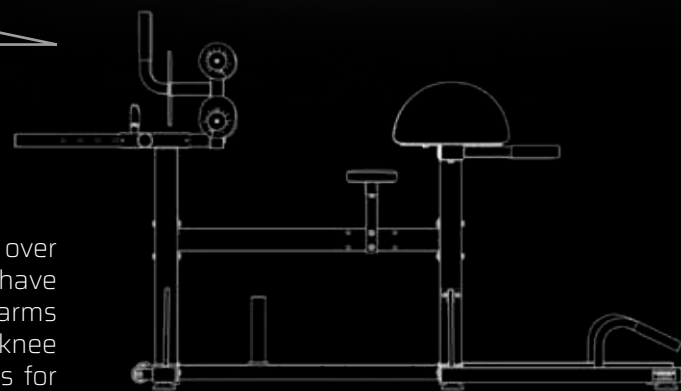
ADJUSTABLE PRO BENCH #LAB

From 0 to 90°, the perfect angles for most exercises. Heavy-Duty frame, rubber wheels, rubber feet for protection and each angle is signaled for easy angle identification. **It's such a perfect bench that we found it difficult to improve!**



GHD

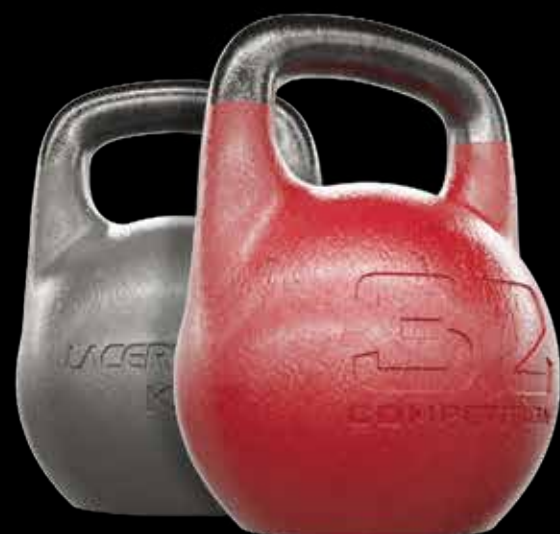
We made some improvements over the years and now our GHD's have rubber band attachments, Plate arms to improve stability, adjustable knee support for better comfort, handles for glute exercises, adjustable pads in order to keep it steady even on a floor that is not aligned and we added wheels for easy mobility when not in use; **what more can you ask?**





KETTLEBELLS RUSSIAN BLACK

The Lacertokus® Russian black became a classic among amateurs, introduced on 2008, it kept evolving and today is one of the best sellers in our catalogue, simple yet effective tool!



KETTLEBELLS COMPETITION GYRIA

The NEW Competition Kettlebells are just that, made for professionals to be used on most competitions worldwide, it's one of the few kettlebells that is a real Gyria with the same shape and quality that you will find in Russia and Ukraine, perfect calibration of the ball, incredible handle and finishing, it has the best protection against rust and we made this to be used for long runs!



WALL BALL

First grade materials, extreme durability and a shape that is built to last after years of continuous training. Same size for all weights, same diameter, different colors for each weight. Available from 2 to 15Kg. Our Wall Balls are made for high-intensity training and general fitness as well.



SLAM BALL

The New ELITE Slam Balls are a big step forward; The thickness of the rubber is almost double than the industry standard, it has the best possible grip and off course they do have a great design! Available from 2 to 30Kg.

Strongman balls available from 30 to 85Kg (online catalogue).



DOUBLE GRIP BALL

The New DG Balls have handles that are a joy to use, they offer the best comfort possible during training; this means you can push harder for a longer period of time which off course translates in better results, what more can you ask?

Available from 3 to 10Kg.



MED BALL

These were out of our catalogue for almost 3 years but we made them better and re-introduced this product completely rejuvenated with a new design and a completely new rubber mixture. Available from 2 to 10Kg.



Clubline range

Lacertosus® design, italian quality.

MADE IN ITALY

A new range created for those who want the best in design combined with the freedom of freeweights and the safety features of the machine, all in one package. Quality and details in combination with superior craftsmanship make the Clubline range in a class of their own. Contrast stitching, quality materials and bespoke possibilities for a tailor made product!





MULTIRACK

MADE IN ITALY

Same principle as our RIGS, the MultiRack was built and developed with customization and expansion options in mind. The racks you can choose are available in 3 different heights and 2 different length for each of the 4 different storage shelves but the creations you can make are impressive; The only limit here is your imagination. Improve the look and safety of your Training Area and be sure to check out the MultiRack configurator on our website! Entirely developed and build in Italy.

Customize your multirack with the
lacertosus® configurator on **lacertosus.com**

YOKE DESIGNED BY LACERTOSUS®

MADE IN ITALY

Simply a masterpiece: Super Heavy-Duty frame, extra handles for farmers walk and a lifetime warranty. It's a rough piece of kit that demands respect, made to last more than a lifetime of rough training! **Official Partner of the Italian Strongman Federation**



ITALIAN
STRONGMAN
FEDERATION



ROPE BY LACERTOSUS®

Not the usual rope, our elite model is made with the best materials around: no oil on the rope, no strange smells, it's a joy to touch and use, in a class of it's own. We also added our safety patent, just in case!

MADE IN ITALY



Safety catch
Patent design: 91.L1090.42.IT.1

CALISTHENICS

MADE IN ITALY

They say Calisthenics is the art of using one's body weight and qualities of inertia as a means to develop one's physique and they are right. We would like to add that you need the complementary hardware in order to do it so we came out with different solutions for Calisthenics, our special RIGS can be used indoor and outdoor alike (special treatment is needed), different configurations means these are available in a wide variety. Entirely developed and made in Italy!



DIP PRO / PUSH UP BAR

An Adjustable pull-up bar with a maximum height of 300cm, a dip station with extra foam on the handles to keep your grip tight during that last set and a pair of paralletes made to withstand a hard training session.

This is all you need for your calisthenics training!





GARAGE GYM EU/US + HOMEGYM

There is no home gym like a Lacertosus® gym in the comfort of your own home. Create a quality and stylish training environment that has nothing to lose against a commercial training center. Train at home like you were in a gym, or even better!



Optional:

- Solar panel
- Energy power source

TRAINING BOX - CONTAINER

Our Training box was developed as an outdoor training solution in order to fulfill the requirements of our clients and partners alike. Be it on a beach in California, an athletic camp in Barcelona or a Football camp in Florida, this is the solution for your team and we guarantee your customers are going to be satisfied! Different configurations for different needs, 2 available colors (Matt Black and Military Green), innovative solutions such as the solar power alimented Timer and the possibility to mount one of our RIGS make this Training Container the solution you were searching for!

*Choose your model online with our configurator!

LACERTOSUS® APPAREL

Check out our apparel catalogue directly online on **Lacertosus.com**. You'll find our gadgets line, posters and wallpapers for desktop and mobile.





#Lacertosus: muscular, powerful.
/la.ker'tox.sus/, [ʔa.ker'tox.sɒs]



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